

# **FREE** **Sen. Rezin's Senior Health Fair**

**Tuesday, Nov. 1<sup>st</sup>**  
**9am - Noon**

The Eagle's  
830 Harrison, Peru

Join our **FREE Senior Health Fair** and learn how to live a happier and healthier life. Legislative brochures will be available explaining state programs that benefit seniors. Dozens of participants will be on hand to provide information on state, local and private programs. In addition, several health screenings will be available to participants.

**FREE**  
Admission  
Refreshments  
Screenings

## **Participants**

- 13th Judicial Circuit Family Violence Prevention Council
- Angel Private Care
- Boland Insurance
- Bridges Senior Center
- Edward Jones
- EMB
- Evergreen Place Supportive Living
- Heartland Healthcare
- Heritage Health
- Heritage Woods
- Home Instead Senior Care
- Homebound Healthcare
- Humana
- Illinois Valley Arthritis Foundation
- Illinois Valley Adult Daycare
- Illinois Valley Center for Independent Living
- Illinois Valley Community Hospital
- Illinois Valley Hospice
- Illinois Valley Red Cross
- Independent for Life
- LaSalle County Health Department
- LaSalle County Nursing Home
- LaSalle County Sheriff
- LaSalle County Veteran's Assistance Commission
- Liberty Village Retirement
- Mendota Area Senior Services
- Mendota Community Hospital
- Mendota Home Health

- N.A.M.I.
- Newsome Physical Therapy
- Office of the Illinois Attorney General
- Prudential
- Office of the Illinois Comptroller
- Office of the Illinois Secretary of State
- Office of the Illinois Treasurer
- Ogelsby Family Chiropractic
- Ottawa Home Health & Hospice
- Ottawa Regional Hospital
- Peru Police Department
- Peru Public Library
- Peru Township Assessor
- Prairie State Legal Services
- Prairieland Home Care
- Rezin Orthopedics
- Spring Valley Library
- St. Margaret's Hospital
- St. Mary's Hospital
- Tri County Opportunity Council
- VITAS Innovative Hospice
- Voices of Vision Talking Book Center
- Walgreen's
- Western Illinois Area Agency on Aging

## **Information Available:**

- Cash Dash
- Diabetes
- Assisted Living
- Physical Therapy
- Nutrition
- Financial Security
- Library Programs
- Long Term Care
- Adult Daycare

## **Free Screenings:**

- **Flu Shots**  
(Free w/ Medicare B, \$29.99 without)
- **Blood Pressure**
- **Bone Density**
- **Pulmonary Function**
- **Blood Sugar**  
(Fasting Recommended)
- **Pulse Oximetry**
- **Grip Strength Testing**

# **Senator Sue Rezin**

**For More Information Call Senator Rezin at 815-220-8720  
or visit her websites at <http://www.senatorrezin.com/>**